

+ OUR CATHOLIC FAITH +

SACRED HEART OF JESUS

June 2021

Issue 59

Solemnity of the Most Sacred Heart of Jesus-June 11
Memorial of the Immaculate Heart of Mary- June 12



Learn More about these two hearts:

<https://catholicexchange.com/immaculate-heart-close-sacred-heart>

<https://www.rosarycenter.org/reflections-on-the-sacred-heart-of-jesus/>

<https://www.rosarycenter.org/the-immaculate-heart-of-mary/>

Twelve Promises of Jesus to Saint Margaret Mary

In the apparitions to St. Margaret Mary Alacoque, Jesus gives these twelve promises for those who are devoted to His Sacred Heart.

I will give them all the graces necessary for their state of life.

I will establish peace in their families.

I will console them in all their troubles.

They shall find in My Heart an assured refuge during life and especially at the hour of their death.

I will pour abundant blessings on all their undertakings.

Sinners shall find in My Heart the source of an infinite ocean of mercy.

Tepid souls shall become fervent.

Fervent souls shall speedily rise to great perfection.

I will bless the homes where an image of My Heart shall be exposed and honored.

I will give to priests the power of touching the most hardened hearts.

Those who propagate this devotion shall have their names written in My Heart, never to be effaced.

The all-powerful love of My Heart will grant to all those who shall receive Communion on the First Friday of nine consecutive months the grace of final repentance; they shall not die under my displeasure, nor without receiving their Sacraments; My heart shall be their assured refuge at that last hour.

Ask the Most Sacred Heart and Immaculate Heart to guide and protect our Seminarians.

An Act of Consecration to the Sacred Heart of Jesus

Most sweet Jesus, humbly kneeling at Thy feet, we renew the consecration of our family to Thy Divine Heart. Be Thou our King forever! In Thee we have full and entire confidence. May Thy spirit penetrate our thoughts, our desires, our words and our deeds. Bless our undertakings, share in our joys, in our trials, and in our labors. Grant us to know Thee better, to love Thee more, to serve Thee without faltering.

An Act of Consecration to the Immaculate Heart of Mary

O Immaculate Heart of Mary, Virgin Most Pure, mindful of the terrible moral dangers threatening on all sides, and aware of my own human weakness, I voluntarily place myself, body and soul, this day and always, under thy loving maternal care and protection. I consecrate to thee my body, with all its members, asking thee to help me never to use it as an occasion of sin to others. Help me to remember that my body is the "Temple of the Holy Ghost," and to use it according to God's Holy Will for my own personal salvation, and the salvation of others.

I consecrate to thee my soul, asking thee to watch over it, and to bring it home safe to thee and to Jesus in Heaven for all eternity. O Mary, my Mother, all that I am, all that I have is thine. Keep me and guard me under thy mantle of mercy, as thy personal property and possession. Jesus, Mary, Joseph, I love Thee; save souls!

O Mary, conceived without sin, pray for us who have recourse to Thee.



Build or revitalize your Mary Garden

Add a new statue of the Blessed Mother- plant flowers that are specific to our mother- add solar lights- Then pray the rosary in the space-as a family- with friends. Read a story about Mary.

Flowers for the Mary Garden

- 1. The White Lily “Annunciation Lily”** symbolizes Mary’s Immaculate Purity.
- 2. The Violet** symbolizes Mary’s humility “regarded by the Lord”.
- 3. The Monkshood “Our Lady’s Slipper”** symbolizes Mary’s graceful Visitation trip to visit Elizabeth in the hill country: “All her steps were most beautiful.”
- 4. The Thistle-Down** is also a Visitation symbol due to its graceful movement in the air.
- 5. The Rose** symbolizes the Blessed Virgin of prophecy, “the Rose wherein the Divine Word was made incarnate.
- 6. The Daisy** symbolizes “Mary’s Flower of God” (Jesus)
- 7. The Periwinkle** represents the “Virgin Flower” and the blue color recalls her fullness of grace.
- 8. The Columbine** represents the dove of the Holy Spirit, Mary’s overshadowing, indwelling, divine Spouse.
- 9. The Pansy** symbolizes the Trinity (first revealed to Mary) and is also called the “Trinity Flower.”
- 10. The Everlasting** symbolizes Mary’s eternal loving mediation in heaven.

"But Mary treasured all these words and pondered them in her heart." Luke 2:19